

My Life is You

Just another day like any other,
Why was it special?
Why was it now?

A decision had been made to act,
It was time to go,
To leave them be.

Don't you cry – don't fret,
Believe I'll be back.
Always care – Always love,
I treasure you all.

An implosion of a being began,
A rip and a tear.
Paralysis spreads.

Give me a drink - give me a drug,
Drown me now,
See me dead.

Don't you cry – don't fret,
Believe I'll be back.
Always care – Always love,
I treasure you all,
My life is you.

The ache it cuts, grinds and sucks,
No remedy - nil
Torment fulfills.

Time ticks slow and tortures away,
When it stops
Life or death?

Don't you cry – don't fret,
Believe I'll be back.
Always care – Always love,
I treasure you all,
My life is you.
My life is you.
My life is you.

by Bob Goodwin